



MESS HALL MENU
7/12/09 - 7/18/09



→→→ PROUD SUPPORTER
ANA TRAVEL NETWORK
www.goana.org

7/12/2009	
Brunch	Sausage & Eggs / Sloppy Joe
Lunch	Closed
Dinner	Closed
7/13/2009	
Breakfast	Waffles
Lunch	Chili-Cheese Sliders
Dinner	Saigon Sizzle Beef Stir Fry
7/14/2009	
Breakfast	Warrior Sandwich
Lunch	BBQ Chicken Sub
Dinner	Macaroni & Hamburg
7/15/2009	
Breakfast	Biscuits & Gravy
Lunch	Dippin Dogs
Dinner	BBQ on the Beach
7/16/2009	
Breakfast	Denver Scramble
Lunch	Grilled Cheese & Tomato Soup
Dinner	Chicken Cacciatore
7/17/2009	
Breakfast	French Toast Stix
Lunch	Chicken-Cheese Quesadilla
Dinner	Pizza
7/18/2009	
Breakfast	Sausage & Eggs
Lunch	Closed
Dinner	Closed
The Mess Hall proudly offers the above main entrees and more!	
Included are a starch, vegetable and vegetarian option	
Every Morning	
Hot Breakfast Entree, Hot & Cold Cereal, Yogurt, Cream Cheese, Bagels, Butter, Jelly, Peanut Butter, Assorted Breads, Honey, Assorted Fruit and Most days...Salsa	
Every Lunch & Dinner	
Salad Bar: Two Tossed Salads, at least 8 toppings, 4 dressings and many extras	
Deli Bar: Assorted meats, cheeses, breads, and condiments to make a Warrior Sandwich	
Dessert Station: A large variety of cakes, puddings, jello and much more!	
If you have any concerns please call me direct at 760-547-5234. Thank you, Jeff Bovee	
Army & Navy Health - Nutrition Committee Chairperson - Carol Cooper-Brennan X5215	